

Vacuum Nano user Guide

Vacuum Nano comes with six preset programs. The user cannot modify preset programs.

How to use Vacuum Nano:

1. First, turn ON the machine. To do that, you will need to connect the adapter to the wall outlet and then connected to the device, on the 12V DC inlet. (**Never use a different adaptor that has not been provided by BellaSkin.**)
2. Once the adapter is connected push one time the button that says Power ON (left top corner) then wait three seconds to allow the program load up (you should hear a little "click" inside the equipment).
3. Once the machine is ON choose the program you wish. By using the Program Selection button once, the first program A will be selected. If you click twice, the program B will be selected and so on.
4. Once the program you want is selected, push the Start/Stop button to begin or stop the session.

Programs

- 1) Program A, is non-stop vacuum, created to use the knuckle cup, (the blue cup with the little bar in the middle). On this program, the cup will be suctioning continuously without interruption, so the user must be moving it all the time; otherwise, it can cause damage to the skin. This program has an automatic stop time after 10 minutes. If you wish to do extra time, you have to push the Start-Stop button again.
- 2) Program B, for buttock lifting standard, this is the safest or weakest program to perform buttock lifting, the cycle of suction will be 1 second of vacuum and 1 second of non-vacuum and auto-stop after 20 minutes. REMEMBER TO USE THE BUTTOCKS CUPS.
- 3) Program C, for buttock lifting medium. This program performs buttocks lifting, the cycle of suction will be 2 second of aspiration and 1 second of non-suction with auto-stop after 20 minutes. REMEMBER YOU HAVE TO USE THE BUTTOCKS CUPS.
- 4) Program D, for buttock, lifting strong. The cycle of suction will be 3 seconds of suction and 1 second of non-suction and an auto-stop after 20 minutes. REMEMBER YOU HAVE TO USE THE BUTTOCKS CUPS.
- 5) Program E, for buttock, lifting intense or aggressive. This program is the strongest of all buttocks lifting, the cycle of suction will be 4 seconds of suction and 1 second of non-suction and an auto-stop after 20 minutes. REMEMBER YOU HAVE TO USE THE BUTTOCKS CUPS.
- 6) Program F, this program can be found by clicking six times on the selection button. You will see green, blue, yellow and red light ON at the same time. This program will combine program B, C, D, E for 5 minutes each one. The program running during that time will be blinking. This program its exclusively for buttocks lifting.

- CryoProbe, this is for cold therapy. We advise to use it for 10 minutes after a buttocks lifting session, and it will help to firm the skin. Start the Probe 3-5 minutes before the session to allow it to cool down to its maximum capacity.

PLEASE USE THIS OPTION WHEN THE VACUUM IT'S NOT ON.

- Thermal Probe, this is for heat therapy. We advise to use this option for 10 minutes before a buttock lifting session; it helps by opening the pores on the skin and with fat burning. Start the probe 3-5 minutes before the session, to allow it to heat up to its maximum capacity. PLEASE USE THIS OPTION WHEN THE VACUUM IT'S NOT WORKING.

Pressure Knob: (Silver knob on the middle right)

The pressure knob regulates the pressure on any program. If you feel it too strong turn it to the - (less) sign; otherwise, always keep it to a maximum